# **BA in Health Counseling & Psychology**

Start working in healthcare, health counseling or psychology sooner and with more practical experience by getting a Bachelor of Arts in Health Counseling and Psychology (BA in HC&P) from Antioch University. The program will fully prepare you to meet the growing need for applied healthcare workers as our evidence-based, wellness focused, applied education includes extensive real-world settings to get you ready for new opportunities.



ANTIOCH UNIVERSITY

## **Career Opportunities**

Enter the expanding field of applied health care as a:

- Behavioral Health Specialist
- Primary Care Coordinator
- Mental Health Specialist

- Residential Site Coordinator
- Child Life Specialist
- Chemical Dependency Provider

## **Choose Your Emphasis to Meet the Need**

Addiction Studies prepares you to work as an in-demand CDP (chemical dependency provider) where the need for qualified providers is exploding, and federal laws have fueled this demand.

- There are less than 50 CDPs per 1,000 "non-elderly adults with a drug or alcohol addiction" in Washington State.<sup>1</sup>
- 21.7% of the population in Medicaid expansion has a substance abuse disorder in Washington State.<sup>2</sup>
- The 2008 Mental Health Parity and Addiction Equity Act requires all insurers provide the same level of care for substance abuse as medical and surgical care.<sup>3</sup>



<sup>1</sup>The Pew Charitable Trusts <sup>2</sup> The Pew Charitable Trusts <sup>3</sup> Substance Abuse and Mental Health Services Administration

Wellness Counseling provides opportunities in a variety of clinical settings promoting wellness and stressmanagement programs. With this emphasis you can:

- Be part of the innovative integrated healthcare movement combining mental health care with physical well-being
- Help patients connect with holistic healing by working with primary care providers
- Guide stress-management programs to improve patient's lives

The MA Fast Track makes entering one of our MA programs in Clinical Mental Health Counseling (CMHC) or Couple and Family Therapy (CFT) easier. Students in this program get into the field more quickly, graduating 15 credits sooner than the standard track, which saves both time and costs. After receiving your MA, your options in the field of mental health expand, as does your ability to succeed.

To explore career opportunities for those with a CMHC or CFT, and to learn more, visit: antiochseattle.edu/MACFT

#### Be the change you want to see.

- Develop better policies for community health and well-being
- Research healthy habits and the reduction of unhealthy behaviors
- Understand how behavior and health interact
- Assist in stressful situations while increasing well-being

### Make the Change You Seek into Your Career

You may learn more about admission requirements for the program and apply online at: antiochseattle.edu/Requirements

#### Assistance is available

- To leverage your existing life experience towards your earning degree through Prior Learning Credits, visit antiochseattle.edu/PriorLearning
- To learn more about financial aid and scholarships, visit:
   antiochseattle.edu/FinancialAid

## ANTIOCH UNIVERSITY

SEATTLE

206.268.4202 toll free: 888.268.4477 antiochseattle.edu

LEARN MORE NOW!
admissions.AUS@Antioch.edu